

# The APPPAH Newsletter

## News From the First Frontier: Conception To Birth

Official Bulletin of the Association for Prenatal & Perinatal Psychology & Health, Summer 2007

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### *Early Childhood Development is in The House!*

On May 22, 2007, Speaker of the U.S. House of Representatives Nancy Pelosi convened a **National Summit on America's Children**, a gathering of national experts and academics on Capitol Hill, to discuss recent scientific findings and how they relate to early childhood development. This is to be a "first step" in making certain that federal policies on children reflect the latest scientific developments. In her opening remarks, Speaker Pelosi said:

**For too long, we have allowed outdated ways of thinking to determine our policies regarding our children. And for too long, there has been not enough political will to make children our number one priority in our work here in Congress. I pledge to you today that those days are over. We take seriously our responsibility to America's future - our children. As the brilliant author and activist Pearl S. Buck said: "If our American way of life fails the child, it fails us all."**

APPPAH was front and center in this important political arena, as our viewpoints on the importance of prenatal & perinatal psychology and health were ably and vocally represented by member (and Maryland resident) Jill Chasse. She filed the following report (in which I've highlighted key portions):

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The objective of the summit was to address the gap between science and policy related to early childhood development. During the pre-summit reception I was honored to meet Speaker Pelosi directly, and took the opportunity to mention APPPAH and why I was at the summit. I mentioned the importance of a child's health and mental health in the womb and how that vital period affects the child's life after birth. **She agreed that this was an important time** and commented on my enthusiasm. She thanked me for coming.

At the summit, the Legislative Priorities in the 110th Congress addressing the needs of young children was discussed, including "Early Learning" and "Health and Mental Health," both areas where prenatal care, wellness and fetal well-being were mentioned. "Family and Income Support" was the third area of Legislative Priorities discussed, although this area generally focused on children after birth. **The prenatal care of the mother was introduced as a factor leading to future economic and social issues and problems, but the prenatate's mental health was not a strong focus.** On the topic of "Early Learning," Pat Levitt of the National Scientific Council on the Developing Child discussed brain chemistry and focused on how interactions and attention to infants is vital to physical and mental health. **He addressed how early literacy has roots in talking and direct interaction with even the youngest babies. Dr. Levitt explained that babies are learning even before they are born. Charles Nelson also spoke about brain development and noted that wiring of the brain "begins a few weeks after conception."**

During an open discussion session at a break period, I presented a packet of information about APPPAH to Riva Price, House Staff, for distribution to the policy office. This packet described APPPAH's mission, per the Birth Psychology website. It also included an introduction to Pre and Perinatal Psychology by Thomas Verny, and supporting research articles with author bios of both Dr.'s Verny and David Chamberlain.



APPPAH "Washington correspondent"  
Jill Chasse with son Malachi

Story continued page 2

## *Front Page Story Continued. . .*

In conversations with members and speakers, I discussed APPPAH's commitment to research and outreach regarding the mental and emotional wellness of babies in the womb. I spoke about how early learning has its roots in the prenatal time period. **I received positive feedback regarding love and attention promoting healthy brain development even before birth.** Stress is another area where education regarding the prenatal stage is vital; Dr. Megan Gunnar discussed positive and negative stress and how being attentive to an infant during stressful situations helps prevent toxic stress from flooding a baby's brain, but the prenatal period was not addressed.

Overall, although the primary focus was birth to 5, **the prenatal period was addressed multiple times in several different contexts. Additionally, it was stressed repeatedly that attention and action needed to be taken “as early as possible” for the well-being of our nation's children.** The feedback and reactions from those I spoke with regarding perinatal mental health and wellness was positive as a whole and even encouraged more discussion of this extremely critical period of child development. --Jill Chasse

## *Taking the Next Step: Keep APPPAH in the Capitol Conversation*

APPPAH sincerely appreciates Jill Chasse for representing us at the **National Summit on America's Children.** Of the event Pelosi says, “The Summit was only the beginning of an ongoing dialogue on how we can improve the lives of America's children and in turn the future of our nation. I am committed to ensuring that the policies of this Congress match the latest research and that families are given what they need to take advantage of these scientific advances.” In order to help Speaker Pelosi do exactly that, let us turn “Vision into Action” in the following ways:

- ◆ Visit <http://speaker.gov/issues?id=0032> to see who and what went on at the Summit, what was said-and not said-about what children need to develop into healthy individuals. In particular, scroll to the bottom of the page and click on “Closing Remarks” to see Pelosi's short (13 minute) address that begins with her compelling comments about being a mother, and about empowering and valuing parents. Then if you don't have the time to watch it all, move the time-slider down to 9:24, when she sums up: “The point of today...” and concluding with her conviction that the health of children is the responsibility as well as the health of all of us, and our future world. I was particularly taken to see the wide shot of the scene at the very end of this clip: this wasn't a huge gathering, and these were just regular people, in a regular conference room-nothing to be intimidated by! Let's join them!!!
- ◆ Build upon Jill Chasse's work in getting APPPAH and prenatal into the discussion: If you are inspired to do so, consider writing to House Speaker Nancy Pelosi... (and/or to those Summit early development experts who have her ear!!)
  - Thank her for convening the summit, and for her stated conviction about the powerful role of mothers
  - Share your own compelling scholarly, professional and/or personal perspective on the importance of the prenatal period of development for healthy individuals and a healthy society. My experience is that specific stories and examples, not simply a litany of statistics, is what impresses or persuades people. Keep it short-ideally, a page or less-and don't send a “fat envelope” that will be a security issue.

**Office of the Speaker  
H-232, US Capitol  
Washington, DC 20515  
(202) 225-0100**

- ◆ If you do write, add to your letter's effectiveness by following up your letter with a phone call after a few weeks-“To make sure she has received the message about the critical importance of the prenatal period and of supporting and inspiring pregnant mothers!”

## ***Vision into Action: Let's Move APPPAH Forward!***

*We look forward in the future to being part of the larger conversation and a meaningful presence at important future forums such as Nancy Pelosi's summit. Kindly let us know when you become aware of **advocacy opportunities**.*

One excellent such opportunity is Smart Start. If you think you would like to present at the **National Smart Start Conference in May, 2008** in Greensboro, NC, please contact me. Smart Start is an early childhood initiative that ensures that all children under the age of six are healthy and prepared for success when they enter school. Expected attendance is over 2,500 people who are interested in comprehensive community-based early childhood systems for the children and families of their states and communities, so this is a tremendous forum to share information in our field. The deadline for Smart Start proposals is the end of July. [See APPPAH News on page 7 to read more about our Smart Start presence this year.]

The Board of APPPAH is excited to partner with its Members to take APPPAH into the future. A new growth-spurt is imminent! Many thanks to all who took the time to provide feedback over the past several months. The questionnaires, along with your comments during the Vision into Action luncheons, at the Membership Table, and other Congress moments, are still being compiled and will be used over time to create "can do" suggestions! In future newsletters, look for gems to further fuel your passion about our field.

If you are interested in *volunteering* in any capacity please contact the APPPAH office. Individuals with the following skills will be a particular asset: accounting, legal, business, web-mastering, media, marketing, policy and grant writing, and editing. Let's see our vision move into action more each day. We look forward to hearing from you! [Submitted by Emma Miller. I can be contacted at [Emma@GentleTouchParent-Child.com](mailto:Emma@GentleTouchParent-Child.com)]

## ***Musings: from APPPAH's President***

Dear Friends of APPPAH,

Dr. Verny, his wife Sandra and I spent a week in Moscow attending the ISPPM / Russian Conference on Pre- and Perinatal Psychology. It was like a gathering of old friends to again meet individuals from many countries who share our goals. It is affirming to know that there is a dedicated network of people working in various aspects of birth to educate others in a multitude of languages and cultures. We are not alone.

We also took the train from Moscow to St. Petersburg and experienced traveling through the countryside and spending a few days in the beautiful city of St. Petersburg. We were there on the day of celebrating the 300-year anniversary of the founding of the city. There were parades and celebrations and crowds everywhere. Very festive!

I have a sense of a circle coming together - the joining of our long commitment to the importance of prenatal, early consciousness and science. In my own experience I am finding research that corroborates my years of "anecdotal" work with clients discovering the roots of present-day difficulties and lifelong patterns in pre- and perinatal experiences. Scientific research in consciousness and brain development that connects attachment problems with so many later diagnoses brings me great satisfaction! *Bravo* to those of us who have labored in an often-discredited area of mental health and *Bravo* to the courageous scientists who pioneer in this ancient yet unacknowledged realm of human consciousness and development.

The conference last November in Phoenix, Arizona, was titled Ancient Wisdom Meets Modern Science. The harmonious blending between the indigenous cultures and quantum physics was an awesome and inspirational demonstration of the coming together. Not "may the force be with you" but "the force *is* with you."

Have a lovely summer, Barbara Findeisen



*Dining with Sandra and Thomas*

## *Prenatal & Perinatal Psychology 'Round the World*

Dispatches from Intrepid APPPAH Globetrotters

THE WORLD CONGRESS  
*PRENATAL CHILD and SOCIETY*  
Moscow, May 20-24, 2007

Thomas R Verny

This Congress also went by the names of *XVII International Congress of the ISPPM* and *The VI All-Russia Congress for Pre- and Perinatal Psychology, Perinatology and Psychotherapy of the Russian Association for Pre- and Perinatal Development (RAPPD)*. According to Ludwig Janus, the past president of the ISPPM, and his successor Rupert Linder, the two of them started to plan for this Congress five years ago, collaborating with Nina Chicherina, associate professor at the department of Psychology of the Moscow State Educational University and president of RAPPD. This dynamic duo from the ISPPM worked incredibly hard to bring this event to fruition because they saw it as a way of bridging the gap between East and West and familiarizing each side with the thinking and research of the other. During the last six months they generously invited me to participate in fashioning with them and Grigori Breckhman *The Moscow Manifesto*, a kind of Declaration of Independence for Prenatal Psychology. Report continued on page 6

*BIRTH WITHOUT BORDERS*

San José, Costa Rica  
May 23-28, 2007

Laura Uplinger

The Costa Rica “Birth Without Borders” conference, hosted by Midwifery Today, was a remarkable event for the international birth community. Birth professionals from Australia, Germany, England, France, Switzerland and the Americas were present as more than fifty traditional midwives from Central America and Mexico shared their expertise, their joy and deep reverence for Life. For many of them this was their first time meeting other traditional midwives; some had never traveled so far from home nor ever seen a building with stairs. Two small groups came with a translator, as they only spoke the dialect of their remote mountain villages.

One by one, these traditional midwives referred to midwifery as an imperative calling from the divine world; some had received their training through dreams prior to actually assisting laboring women. This international gathering included a few obstetricians, and they listened, learned and applauded in celebration of the traditional midwives' wisdom and humility.

The midwives shared the plight of the lack of recognition of their work by governmental health authorities, identified the political strength of their unity and networked actively under the guidance of those already experienced in interfacing traditional midwifery with obstetrical nurses, medical doctors and legislators.

While most of my participation at the conference was as a translator, I also had the privilege of introducing the traditional midwives to some basic principles of prenatal and perinatal psychology. The vibrant smiles shining forth from their eyes confirmed the universality of what we understand and promote at APPPAH: a loving, joyful and empowering beginning for mother and child is core to the wellbeing of every culture. Midwives with

Report continued on page 6



*With Igor Dobryakov at the Medical Academy of Postgraduate Studies, Saint Petersburg University*

## *The Moscow Manifesto of Prenatal and Perinatal Psychology and Medicine*

1. The unborn child is an individual person with his or her own emotions, perceptions and functioning memory. His or her life begins with conception, and the preconditions are laid even before.
2. The conditions of prenatal life enable or weaken the flowering of genetic potentials and talents. How humans develop and learn depends on the dynamic interplay between nature (e.g., an individual's genetic endowment) and nurture (e.g., nutrition, surroundings, stimulation, relationships.)
3. Distress of the pregnant mother can have long-lasting effects on the future of the individual, as a child and an adult, and can contribute to the development of depression, autism, disorders of mental and motor development, hyperactivity, psychosomatic symptoms, and a predisposition to increased aggression and violence.
4. The prenatal, perinatal and early postnatal stages of development determine to a very large extent our biological and psychological make-up. Prenatal experiences influence the fine architecture of the brain. They are important for the basic personality of the individual and thus the emotional atmosphere in a society.
5. Family and Society play basic roles in the creation of the sufficient conditions for the development of a new human being from conception on. A secure relationship with one or two primary caregivers, preferably the parents of the child, maximises the acquisition of emotional and cognitive skills and is the precondition for later health.
6. The discoveries of Pre- and Perinatal Psychology and Medicine are essential for the development in various scientific and clinical fields of psychology, psychiatry, obstetrics, birth care, preventive medicine, sociology, and cultural psychology, among others. Scientific research in this field is therefore essential for the wealth of the society.
7. The education system of a society should enable its members to develop sufficient parental competence. All parents-to-be, as well as pregnant parents, should have access to medical and psychological prenatal care and knowledge to achieve full parental competence. Parents in a crisis or conflicted pregnancy should be especially actively supported.
8. Society and Family should acknowledge the pre- and perinatal roots of motherhood and parenthood. Schools and institutes of parenthood should educate and spread the new knowledge of prenatal and perinatal psychology and medicine. One aim of these efforts is that all children will be born wanted.
9. The prenatal and early postnatal stages of development provide a unique and optimal opportunity for primary prevention of somatic, psychological and social disorders and for improving the human condition in our families, communities, societies and the world.

[Version of Ludwig Janus from April 26 on the basis of version 1 from March 28 and 2 from April 1 from Grigori Brekhman and from Thomas Verny, March 29 and April 3. Current version edited by Marcy Axness, APPPAH Newsletter editor, with Mitch Hall.]

## *Prenatal Child and Society*

(continued from page 4)

It appears in its full form on page 5 of this Newsletter. I think it is a document we in APPPAH can subscribe to.

The Congress was held at the State Children's Musical Theater, and some difficulties with translations notwithstanding, most of the presentations were of very high quality. There were the usual suspects from the West, like Rupert, Ludwig, Hans von Lupke (all from Germany), Lucio Zichella (Italy), Christine Faure (France), Paula Ingalls, Barbara Findeisen (USA), Zephyros Kafkalides, Olga Gouni (Greece) plus yours truly (Canada). The overall attendance was about 200.

There are two centers in Russia that work in the field of pre- and perinatal psychology—one in Moscow, more focused on physiology, and one in Saint Petersburg, more psychotherapeutically oriented. From the Moscow group stood out Igor Kon who presented a paper on **Nutrition Of Pregnant Women And Fetus Development**, Galina Kozlovskaya on **New Technologies During Gestation And Early Childhood In Protecting Mental Health**, L. I. Iljenko on **The Constitutional Approach to Neonatology**, and Nina Chicherina on **A Suggestive Psychotherapy For Pregnant Women**.

From Saint Petersburg came, among others, Shamil Tashaev, who spoke on **The Influence Of Pre- And Perinatal Imprint On A Person's Postnatal Life**, Igor Dobryakov on **Prenatal Depressive Disorders**, and Natalia Kovalenko on **Perinatal Psychotherapy: Integrative Approach**. Personally, I felt closer to these speakers, both ideologically and emotionally. They are planning a meeting in St. P. next year, which I hope to attend.

I believe the material shared at this Moscow Congress will accelerate the humanization of birth and lead to better treatment of pregnant and birthing women in Russia. It has also facilitated the formation of more personal contacts and collaboration between the West and the East and that has to be beneficial for us all.

## *Birth without Borders*

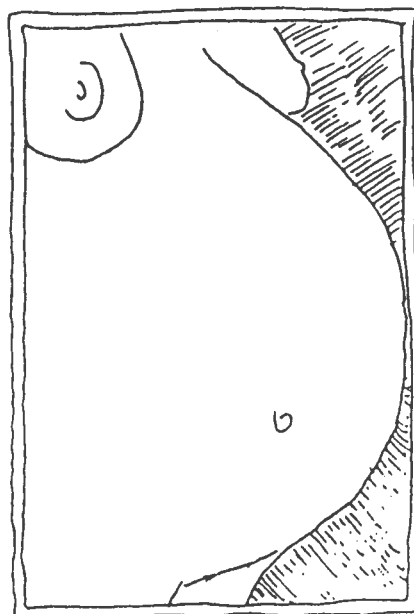
(continued from page 4)

over 30 years of *catching babies* were moved beyond words when hearing for the first time about the neurobiology of attachment and its implications for the parenting journey. Their lifelong insights and intuition were certified, and I felt like a bearer of good tidings when elucidating for them the lifelong impact of their dedicated work with mothers and babies.

Since the mid-1980's *Midwifery Today*, under the directorship of Jan Tritten, has provided a platform for stimulating exchanges amongst the proponents of natural childbirth. In order to foster a flow of meaningful collaboration among birth professionals, *Midwifery Today* began as a magazine and later took on the impressive task of regularly organizing a great array of conferences in the U.S. and abroad. Their website [www.midwiferytoday.com](http://www.midwiferytoday.com) offers interdisciplinary, original news pertaining to natural pregnancy, labor, birth and breastfeeding.

Thank you, Jan Tritten, for this wonderful opportunity of bringing prenatal and perinatal psychology to the hearts and minds of your friends of Latin America!

The next *Midwifery Today* conference is entitled "The Heart and Science of Midwifery" and will be held in Oslo, Norway, September 12 to 16. I recommend it with enthusiasm.



## **APPPAH NEWSMAKERS**

### ***Spreading the APPPAH News***

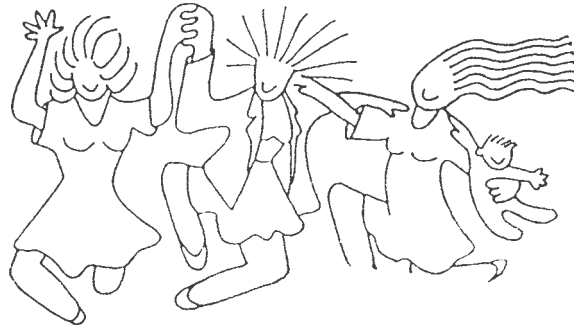
APPPAH was represented for the first time at May's **National Smart Start Conference** in Greensboro, North Carolina.

**Joann O'Leary** presented "Families Experiencing Infant Loss: The Impact on Parents and Other Children in the Family" during a pre-conference session, and **Marcy**

**Axness** and **Emma Miller** offered "Prenatal Development: How Nature's Own Head Start Program Works" as a conference presentation. Handouts are available at <http://www.smartstart-nc.org/conference/handouts07.htm> Both sessions were well received by attendees from many states. In fact, so well-received that Emma Miller (thanks to whose working relationship with Smart Start the latter presentation was even accepted) is working with conference organizers to arrange a full day of pre-conference sessions related to Prenatal and Perinatal Psychology for next year's conference! (See **Vision into Action** on page 3 if you are interested in presenting.)

APPPAH Board Member **David Chamberlain** traveled to Kiev in the Ukraine in December to speak to a conference on prenatal psychology organized by Oxana Naumych, President of the Association for Conscious Parenting. David gave two lectures and a six-hour workshop for birth professionals on "Searching for the Real Baby." **Michel Odent** traveled from London and made similar presentations. Both David and Michel were awarded trophies "for significant contributions to the development of prenatal culture in the Ukraine."

APPPAH members **Robbie Davis-Floyd** and **Michel Odent**, along with prominent natural birth movement leaders Ina May Gaskin and Marsden Wagner, are featured in **The Business of Being Born**, a documentary that premiered at New York's Tribeca



Film Festival in May. The brainchild of (and executive produced by) actress Ricki Lake, the film's objective was to "question the way American women have babies." The powerful theme that emerges is that "Birth is a miracle, a rite of passage, a natural part of life-and also

big business." You might have noticed the crew shooting at our February Congress! *The Business of Being Born* was the only film that received a standing ovation at Tribeca, so we're confident it will spread the word about healthy, empowered birth. (Stay tuned next newsletter for expanded coverage of this extraordinary film; meanwhile, check out [www.thebusinessofbeingborn.com](http://www.thebusinessofbeingborn.com).)

Ricki Lake and director Abby Epstein found one of their pregnant (and ultimately birthing) "stars" through physician and APPPAH member **Joel Evans**... who coincidentally was also doing his part this spring to spread the good prenatal news in print, as he published "Why We Need Holism in Pregnancy Care: A Review" in the May/June 2007 (Vol. 13, Issue 3) *Alternative Therapies*. In the article he writes, "The Association for Pre- and Perinatal Psychology and Health ([www.birthpsychology.com](http://www.birthpsychology.com)) is a good resource for health professionals and the public interested in the relationship of prenatal thought and consciousness to pregnancy outcome and the psychology and personality of the fetus, child, and adult." Hey here, Joel!!

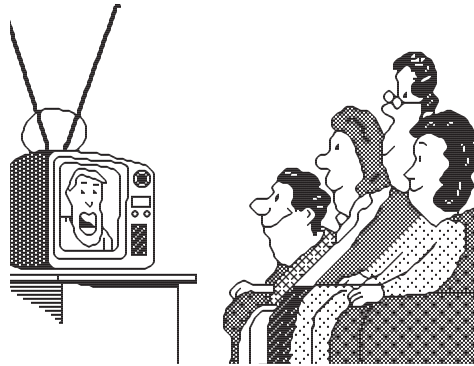
*News Items may be sent to Newsletter Editor*

*Marcy Axness*

*[axness@earthlink.net](mailto:axness@earthlink.net)*

## Media Watch

This section of the APPPAH Newsletter is intended to draw attention to items in the news that are pertinent to prenatal and perinatal psychology. APPPAH does not necessarily agree with, or vouch for, the scientific worthiness of any of the news items mentioned here. We mean merely to take note of what is going on, so that you may.



### WAR WIVES AT GREATER RISK OF POSTPARTUM DEPRESSION

The *Los Angeles Times* reported that women with spouses on military deployment during their pregnancies are at significantly higher risk for postpartum depression in initial screening tests, according to a new study by the Naval Medical Center in San Diego. 415 women received preliminary screening tests for PPD approximately six weeks after their children were born, and 25% of the 90 women whose husbands were deployed at any point during their pregnancy screened positive, according to the study, compared with 11% of the women whose husbands were not deployed—a 2.7 times increased risk. Dr. Vivien Burt, director of the Women's Life Center at the UCLA Resnick Neuropsychiatric Hospital, said these results underscore the need for action because previous studies have shown that a mother's depression could leave lasting scars: "The impact is dramatic and has a ripple effect on other family members."

### CAESAREAN LINK TO PLACENTAL COMPLICATIONS

A new study appearing in *BJOG: An Int'l Journal of Obstetrics and Gynaecology* reports women who have their first child by caesarean are more likely to have placenta-related problems in their second pregnancy, based on analysis of epidemiological data from the US National Centre for Health Statistics between 1995 and 2000, representing 5 million pregnancies. Researchers say that scarring inside the womb caused by a caesarean may affect the attachment of the placenta in future pregnancies, increasing to 50% the risk level of developing either placenta previa (the placenta

attaching near or over the cervical opening) or placental abruption (premature separation from the uterine wall), conditions that can be dangerous for both mother and baby. Study leader Qiuying Yang, from the University of Ottawa, said the study, which is the largest to date linking caesareans and subsequent pregnancy complications, has

"important implications on the management of these pregnancies. It also introduces new and important evidence in the debate on the risks of caesarean sections 'on demand.'" [Yang, Q., Wen, S., Oppenheimer, L., Chen, X., Black, D., Gao, J., & Walker, M. (2007). Association of caesarean delivery for first birth with placenta praevia and placental abruption in second pregnancy. *BJOG: An International Journal of Obstetrics and Gynaecology*, 14(5), 609-613.]

### SKIN-TO-SKIN CARE WITH THE FATHER AFTER ELECTIVE CESAREAN BIRTH HAS POSITIVE EFFECT ON NEWBORN CRYING AND PREFEEDING BEHAVIOR

Though it seems like yet another case of research proving the obvious, hopefully these findings will inspire birth professionals to invite fathers' primary involvement in these cases! The study, designed to compare the effects of skin-to-skin contact on crying and prefeeding behavior in healthy, full-term infants born by elective cesarean birth and cared for skin-to-skin with their fathers versus conventional care in a newborn crib during the first 2 hours after birth, found that infants in the skin-to-skin group were comforted; that is, they stopped crying, became calmer, and reached a drowsy state earlier than the infants in the crib group. The father can facilitate the development of the infant's prefeeding behavior in this important period of the newborn infant's life and should thus be regarded as the primary caregiver for the infant if separation of mother and baby becomes necessary. [*Birth*, 34:2, June, 2007]

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## **The 14th International Congress of APPPAH**

### **Asilomar Conference Grounds, Monterey, California**

### **April 24 - April 26, 2009**

Frequent requests made by past APPPAH Congress participants have included, "We want a more intimate setting, in nature, and more affordable accommodations." We think you'll agree that the beautiful Asilomar Conference Grounds on the California Coast meet these criteria! (Thanks go to David Chamberlain and Catherine Stone for the idea.)

Nestled along the shoreline of California's famed Monterey Peninsula, Asilomar is a tranquil oceanfront retreat cradled by forests and white sand beaches. Designed by acclaimed architect Julia Morgan and embracing the Arts & Crafts architectural style, Asilomar harmonizes with its natural surroundings and has played host to thousands of visitors since its founding in 1913. Rich with history, scenic beauty and serenity, Asilomar is indeed "an intimate setting in nature." Meals and lodging are very affordable; most rooms are less than \$95 per night and the price includes tax and three meals a day. (To see the beautiful location and accommodations visit Asilomar's website: <http://www.visitasilomar.com/>)

The world's leading experts in perinatal trauma and maternity systems will collaborate in providing high quality seminars and moving personal experiences, at the ocean and in the environs of California Redwoods. Participants have the choice to attend presentations and/or personal workshops, so learning can be cognitive and experiential, with personal growth an option. Ample time will be provided for audience participation and networking. Participants will be helped to integrate academic and personal learning. Come and co-create the pre- and perinatal experience of this decade, in one of nature's most beautiful retreat centers!

#### **We invite you to help in any or all of the following ways:**

- Join the volunteer congress planning committee
- Register now and get the early registration rate of \$350
- Sponsor the conference & receive complimentary exhibit space, registrations, and high profile on website and program.

**To request a sponsorship information sheet, register, or become a volunteer, please call our office.  
Telephone: 707-887-2838; E-mail: [apppah@aol.com](mailto:apppah@aol.com)**

### **Call for Presenters**

### **2009 APPPAH Congress**

Anyone interested in presenting a paper, or leading an experiential learning process, please submit a letter (or email) of interest to the Program Chair, Susan Highsmith, at 916 Cardinal Ave., Sierra Vista, AZ 85635 or [Susanhi11@msn.com](mailto:Susanhi11@msn.com). Be sure to include a two-paragraph description of your proposed presentation.

If you are accepted as a presenter/workshop leader, you will be expected to register for the Congress before your participation can be confirmed, and also book your room at Asilomar.

All decisions on presenters are made by committee vote. To be considered, your presentation needs to be consistent with the Congress theme: Sacred Birth: Preventing and Resolving Perinatal Trauma. We look forward to seeing you at the Congress!

William Emerson and the Planning Committee

## APPPAH Regional Events

### The Mother and Child Reunion

San Francisco, California

Saturday September 1, 2007

Tony Madrid, PhD, psychologist and researcher, will discuss how maternal-infant bonding disruptions can be identified once the causes of non-bonding and the associated symptoms are understood. When the origins of a bonding disruption are unveiled, it is fairly easy to restore bonding between a mother and child.

The workshop will outline the symptoms and causes of non-bonding and teach hypnotic techniques to repair the disruption.

Registration Fee: \$120

Continuing Education: 7 hours (APA approved)

To register call 707-887-2838

#### **APPPAH Regional Workshop**

*Understanding Yourself Through the Lens of  
Prenatal and Perinatal Psychology*

Austin, TX

February 23-24, 2008 9-5pm

\$325/person

This experiential workshop facilitated by Carrie Contey, Ph.D. and William Emerson, Ph.D., will give you the time, space, support and tools to explore your own prenatal and perinatal origins and to begin to understand how your earliest experiences continue to influence your life today. This is a creative, interactive workshop for practitioners, parents, and individuals interested in learning more about their own pre- and perinatal psychology. Space is limited. For information and registration please contact Carrie Contey at

**E: [carrie@earlyparenting.com](mailto:carrie@earlyparenting.com) or**

**Tel: 512-694-7794**

#### **ASSOCIATION FOR PRENATAL AND PERINATAL PSYCHOLOGY AND HEALTH Regional Conference**

### “Science Meets Our Hearts”

**September 25 – 27, 2008**

Join us in Nelson, British Columbia

[www.discovernelson.com](http://www.discovernelson.com)

**Keynote Presenter:**

**Michael Trout**

Founder & Director of the Infant-Parent Institute

*Watch for more  
details to come!*

**For information:**

**250-352-6786**

Announcements

"Dr. Emerson's experiential seminars for adults are life-giving and life-changing, and his sessions with babies and children are transformative. I recommend you experience his pioneering and healing work."

Barbara Findeisen, MFT,  
President of APPPAH



**COURSE REGISTRATION & INFORMATION:**  
To register and for additional information about the courses you are interested in, contact the appropriate Emerson Seminars coordinator. Visit [www.emersonbirthrx.com](http://www.emersonbirthrx.com) for course descriptions.

**ES ENROLLMENT COORDINATORS:**  
CA - Zahira Rabinowitz: 707-763-7024  
[emersontraining@comcast.net](mailto:emersontraining@comcast.net)  
Louisiana - Patricia Dunbar: 504-861-5335  
[journey@sstar.com](mailto:journey@sstar.com)  
WA & AZ - Arrow De Groot: 206-992-1339  
[gracelodge@qwest.net](mailto:gracelodge@qwest.net)

# Emerson Seminars

**Healing prenatal and perinatal shock and trauma in adults and children**

[www.emersonbirthrx.com](http://www.emersonbirthrx.com) 707-763-7024

## 2007 Workshop Schedule

- **Pre and Perinatal Regressions**  
May 3-5 Portland, OR
- **Training Practicum**  
May 6-7 Portland, OR
- **Relational Shock Clearing Process**  
May 25-28 New Orleans, LA
- **Emerson Perinatal Stages, Residential**  
June 7 (evening) 8-11 Tucson, AZ
- **Relational Shock Clearing Process**  
Aug 1-2 Mill Valley, CA
- **Resolution of Spirit & Soul Wounding**  
Aug 3 (evening) 4-9 Mill Valley, CA
- **Craniosacral Training, Residential**  
Oct 16 (evening) 17-18 Seattle, WA
- **Working With Babies & Children, Residential**  
Oct 18 (evening) 19-22 Seattle, WA
- **The Psychospiritual Healing of Pre and Perinatal Shock**  
Oct 26-29 New Orleans, LA
- **The Shadow Residential**  
Nov 30 (evening) Dec 1-5 Tucson, AZ

## CALM BIRTH

**New Potential of Childbirth  
Robert Bruce Newman**

### Remaining 2007 Schedule

TCT: Teacher Certification Training

- September 28** Portland, Oregon  
**Gentle Birth Congress**  
**October 5-7** Ashland, Oregon (TCT)  
**November 16-18** New York City (TCT)

[info@CalmBirth.org](mailto:info@CalmBirth.org) [www.CalmBirth.org](http://www.CalmBirth.org)

"Calm Birth is a sublime gift to us all. It contains the blueprint for reconnecting with birth wisdom on all levels. The practices will transform the birth process and imprint a peaceful beginning in both mother and child. The impact of this on society can't be overestimated."

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Jeannine Parvati Baker, Midwife, Educator

## Gentle Birth World Congress

September 27-30, 2007 \* Portland, Oregon

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40 speakers from 12 countries including:

- Sarah Buckley, MD (Australia)
- Nils Bergman, MD (South Africa)
- Joe Dispenza, DC
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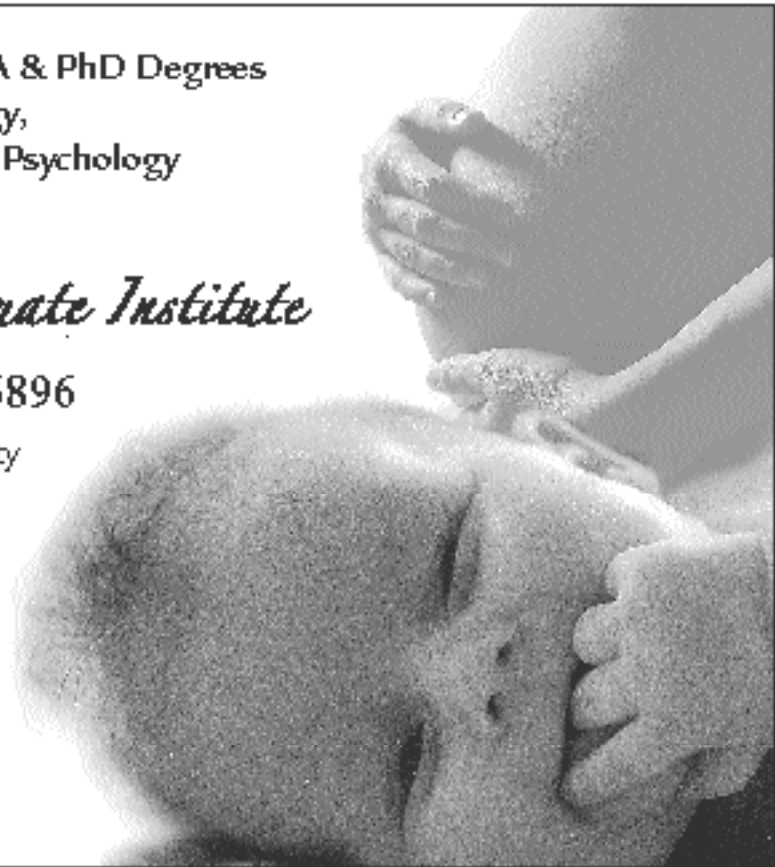
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