

APPPAH Regional Conference

Seattle, WA

2004

November 18-21, 2004

The Association
for
Pre- & Perinatal
Psychology
and Health

***“Birth & Attachment:
Psychological & Spiritual
Perspectives”***

Co-sponsored by
Emerson Training Seminars
and
**The Heart-Centered Therapies
ASSOCIATION**



Conference Program

Pre-Conference



Michael Trout



Diane Zimmeroff

Thursday - Pre-Conference Workshops

- 9:30 - 5:00 Michael Trout - Attachment, Developmental Continuity, and the New Neurology
- or
- 9:30 - 5:00 Diane Zimmeroff - Giving Birth with Heart-Centered Hypnotherapy



William Emerson



Franklyn Sills



Barbara Findeisen

Friday - Pre-Conference Workshops

- 9:30 - 5:00 William Emerson & Franklyn Sills - Effects of Shock on Attachment
- or
- 9:30 - 5:00 Barbara Findeisen - Pre- and Perinatal Experiences and Attachment

Two day Conference

Saturday - Conference Presentations & Banquet

- 8:30 - 9:15 Opening Ceremony
- 9:30 - 10:30 Choice: 1. Franklyn Sills - Being Here: Conception, Presence, and the Nature of Being
2. Carol Lampman - Birth Trauma: Water Therapy for Infants
- 10:45 - 11:45 Choice: 1. Marti Glenn - From the Beginning: Healing the Caregiver's Own Attachment
2. Diane Zimmeroff - Longing for Belonging: Attachment, Chakras, Development
- 12:00 - 2:00 Lunch at "Networking Tables"
- 2:00 - 3:00 Choice: 1. Connie Dawson - Abandonment In Infancy and Childhood
2. Yvonne Christman - Cleansing the Womb (Miscarriage and Abortion)
- 3:15 - 4:15 Choice: 1. Elaine Childs-Gowell - Corrective Parenting and Deep Regressive Work
2. Arrow De Groot - Impact of Shock on Attachment: Loss of Spirit as Center
- 4:30 - 5:30 Bonding & Attachment through Music } *music by*
- 7:30 - 10:00 Banquet, awards and music } *Jennifer Berezan*



Sunday - Conference Plenary & Closing

- 8:00 - 9:15 Breakfast and Welcoming
- 9:30 - 11:30 Panel Discussion: William Emerson, Michael Trout, Barbara Findeisen, David Hartman
- 12:00 - 1:30 Closing Ceremony

State of the Art Training

Uncommonly Fun Conference

CEU Credits Available

[Note: presenters, conference times and fees are subject to change without notice.]

rev. 6-23-04



**“Birth & Attachment:
Psychological & Spiritual
Perspectives”**

November 18-19, 2004

Pre-Conference Workshops

The
Association
for
Pre- & Perinatal
Psychology
and Health

Thursday Workshops - 9:30 to 5:00

Michael Trout Attachment, Developmental Continuity, and the New Neurology

Michael Trout trained in infant psychiatry at the University of Michigan Department of Psychiatry under Professor Selma Fraiberg, and currently directs The Infant-Parent Institute, which engages in research, clinical practice and clinical training related to problems of attachment.

Advances in prenatal psychology, developmental neurobiology, neuropsychology, psychoneuroimmunology, and infant mental health have affirmed the connections between our earliest experiences in life and how we proceed through our lives. This workshop will take a look at those experiences—in the context of the profound need of the pre-nate, infant, and toddler for a secure attachment—and use the new research to help understand how early experiences connect to later life. Michael Trout will analyze the precise mechanisms involved in repetition, for example, as well as those involved in breaking away from early trauma to set a new course. He will introduce new definitions of “memory,” “adaptation,” and “resilience,” and inspire rejoicing at the capacity of human infants to use everything at their disposal in order to survive.

- or -

Diane Zimberoff Giving Birth with Heart-Centered Hypnotherapy

Diane Zimberoff, M.A., is Founder and Director of The Wellness Institute, and has trained thousands of mental health professionals in Heart-Centered Hypnotherapy in the United States and around the world. Her work assimilates developmental psychology from conception through the death experience.

This workshop is designed for people who are interested in a deeper understanding of how to prepare for a natural, relaxed, and joyful birth experience for mothers and newborns. Heart-Centered Birthing teaches husbands to hypnotize and relax their wives who in turn can connect more deeply and spiritually with their babies. In addition, Diane Zimberoff describes how childhood traumas such as physical, sexual, and emotional abuse can cause a traumatic pregnancy and birth for mothers and babies, and suggests ways to help parents release their birth traumas. She differentiates her approach from traditional Hypnobirthing in that the emotional issues of parents are addressed. The presentation includes a regressive breathwork session for those who would like to heal their own births.

Friday Workshops - 9:30 to 5:00

William Emerson & Franklyn Sills Effects of Shock on Attachment

William R. Emerson, Ph.D., is an educator, author and pioneer in the treatment of pre- and perinatal shock and trauma. Franklyn Sills teaches Core Process Psychotherapy, incorporating Buddhist psychology, shock and trauma, and pre- and perinatal psychology, and has pioneered the development of Craniosacral Biodynamics.

This workshop will focus on the three basic types of attachment (self, self-other, and other-self) and the effects of shock on each. Some distinctly revolutionary ideas regarding attachment, namely, that self-attachment precedes attachment with others and is dysfunctional for all babies who encounter prenatal and perinatal shock, and that self-other attachment is also dysfunctional as a result of most birth processes. Attachment disorders of all types are unarticulated but universal maladies. Specific clinical and practical skills for healing the effects of self and self-other attachment disorders will also be presented. In addition, common relational difficulties with attachment-disordered babies, children, and adults will be discussed.

- or -

Barbara Findeisen Pre- and Perinatal Experiences and Attachment

Barbara Findeisen, MFT, is founder and president of the STAR Foundation, president of the Association for Prenatal and Perinatal Psychology and Health, and is regarded as one of the leading therapists in the area of pre- and perinatal psychology.

In this workshop, Barbara Findeisen will describe the relationship between early wounding and attachment disorders. The first attachment is with the body/mind of the mother. The lessons learned there are inescapable, and are recorded in the mind and body. Basic patterns of attachment begin prenatally: the brain grows and develops to survive the physical, emotional, intellectual, and spiritual environment provided by the mother. Problems with attachment range from issues of codependency to Reactive Attachment Disorders (R.A.D.). When fundamental needs are denied, thwarted, or absent, the ability to trust is damaged, and real intimacy is impossible. This workshop will be a combination of didactic material (supported by research, video materials, and treatment demonstrations) and experiential therapy processes. The latter includes tools designed to heal early wounds by moving clients through the pain of imprinted traumatic memories.

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“Birth & Attachment: Psychological & Spiritual Perspectives”

November 20, 2004

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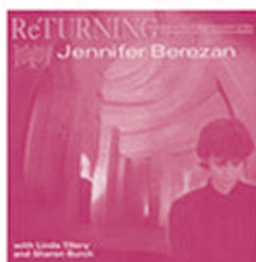
Saturday - Conference Presentations

- 9:30 Franklyn Sills Being Here: Conception, Presence, and the Nature of Being**
Franklyn Sills will discuss the nature of our innate “Beingness,” using a framework combining western and Buddhist teachings to look at the first trimester as a pivotal time in the relational development of self. He will touch on the nature of “wounding at the level of being,” a wounding with major impacts on attachment processes. The cranial therapy of Dr. William Garner Sutherland and the pre- and perinatal approach of Dr. Frank Lake will be highlighted.
- Carol Lampman Birth Trauma: Water Therapy for Infants**
Because water activates trauma held in the body, this presentation will focus on the use of water therapy to treat infant birth trauma. Over time, the physical and emotional shock of birth recesses deeper into the infant’s physiology. What this means is that the earlier the treatment, the more accessible the trauma. Using video, the spontaneous process of activation and release phases followed by appropriate corrective experiences needed for healing will be presented. A treatment outline will also be presented and will delineate how this method can be used to heal separation and abandonment issues, as well as support bonding and attachment.
- 10:45 Marti Glenn From the Beginning: Healing the Caregiver’s Own Attachment**
Research indicates the quality of a child’s attachment is directly related to the parents’ integration of their own earliest experiences. Leading-edge clinical and neurobiological research will be presented, along with models of therapeutic resourcing and self-regulation, and therapeutic skills that foster self-healing, empathic attunement, and healthy attachment at any age.
- Diane Zimberoff Longing for Belonging: Attachment, Chakras, and Developmental Stages**
In each chakra there is a developmental task which needs to be accomplished in order for the developing child to have healthy relationships. If these tasks are not accomplished, the associated chakra may be closed down, and the person experiences disconnection socially, emotionally, and spiritually. Diane Zimberoff will discuss the development agenda for each chakra, with its potential gains and its ego fears. Also, a short meditation will be offered to evaluate the openness of each chakra.
- 2:00 Connie Dawson Abandonment In Infancy and Childhood**
Children who have been permanently separated from birthmothers, after birth or later on, develop defensive adaptations to keep themselves safe, and these adaptations keep them wary of “new” parents. These children often become parent- and authority-resistant. Effects of abandonment trauma continue to reverberate throughout the lifespan, and ways to ameliorate the trauma will be identified.
- Yvonne Christman Cleansing the Womb of Complications Due to Miscarriage and Abortion**
The termination of a pregnancy at any age arouses psychological, physical, and spiritual pain in the parent. If a miscarriage occurs, or an abortion is performed during gestation, and the physical body of the fetus is destroyed, the subtle energy anatomy of the incoming soul becomes trapped in the mother’s etheric body, or energy field. The subtle body parts left behind after miscarriage or abortion contain intense shock fragmentation. The combination of soul consciousness, shock, trauma, and the terminated subtle anatomy become accumulated waste remaining in the mother’s womb. The presentation will include methods to heal the separation and abandonment issues that arise from this level of wounding.
- 3:15 Elaine Childs-Gowell How Corrective Parenting Contracts Support Deep Regressive Work**
A panel of Corrective Parenting practitioners will discuss the reasons why a healthy parenting structure is useful for conducting pre- and perinatal work. The Corrective Parenting model is derived from the Re-Parenting model of Transactional Analysis. Participants learn about their Ego States (Parent, Adult, and Child), and how to recognize deficits in their parenting and in their developmental stages.
- Arrow De Groot The Impact of Shock on Attachment: Loss of Spirit as Center**
Prenatal shock can damage and even break one’s connection to an ongoing experience of God within. With each subsequent wounding, the distance between self and God increases. The way this occurs is clear when one looks at the physiological and psychological dynamics of the embryonic and prenatal stages of development. How this wounding manifests will be presented, and methods for healing the distance between self and God will be explored.

4:30 - 5:30 Jennifer’s Music

7:30 - 10:00 Banquet and Jennifer’s music

special musical guest!



**Jennifer
Berezan**



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APPPAH Regional Conference

November 18-21, 2004 • Seattle, WA

Registration

*Saturday lunch & Sunday breakfast
 included with full Conference registration*

Pre-Conference Registration

Thursday full day workshop *
with Michael Trout

Thursday full day workshop *
with Diane Zimberoff

Friday full day workshop *
with William Emerson & Franklyn Sills

Friday full day workshop *
with Barbara Findeisen

Conference Registration

Full registration *
*(includes all presentations
 on Sat & Sun)*

Saturday night banquet *
(awards & entertainment)

Members APPPAH, ETS, or HCTA

Non-Members

	BEFORE Aug 30	AFTER Aug 30	BEFORE Aug 30	AFTER Aug 30
	\$ 80	\$ 90	\$ 90	\$ 100
	\$ 80	\$ 90	\$ 90	\$ 100
	\$ 80	\$ 90	\$ 90	\$ 100
	\$ 80	\$ 90	\$ 90	\$ 100
	\$ 195	\$ 225	\$ 225	\$ 255
	\$ 35	\$ 45	\$ 45	\$ 55
TOTAL:	\$ _____	\$ _____	\$ _____	\$ _____

Payable to: The Heart-Centered Therapies Association
 3716 - 274th Avenue SE Issaquah, WA 98029 USA
 425-391-9716 • 800-326-4418

Payment Method: Enclosed is my check or money order in US funds, or charge to my (circle):
 MasterCard VISA AMEX Discover

Name _____ Phone (_____) _____
 Address _____ City _____ State _____ Zip _____
 Account # _____ Exp Date _____ Signature _____

[* Note: presenters, conference times and fees are subject to change without notice.]

Hotel Accomodations

CEU Credits Available

**Please make arrangements for your Pre-Conference /Conference stay directly with
 the Issaquah Holiday Inn at 425-392-6421**

*For your convenience, their rates are as follows (guaranteed for reservations made before August 30, 2004):
 \$98 single or double, per night*

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